



THE TWELVE PRINCIPLES RETREAT

Join us for the Twelve Principles Retreat Series. Dr. Carnes has generously donated the proceeds of both Gentle Path books along with his time spent in teaching the Twelve Principles weekend retreats to the [American Foundation for Addiction Research](http://www.addictionresearch.com).

AGENDA

Friday, August 26

4pm – 5pm – Registration & Dinner
5pm – 7pm – Reception & Opening Remarks
7pm – 9pm – Small Group Check-Ins

Saturday, August 27

8am – Continental Breakfast
9am – 12pm – Principle Ten by Dr. Patrick Carnes
12pm – 1pm – Lunch
1pm – 3pm – Carver Brown/Guest Speaker
3pm – 5pm – Small Groups
5pm – 7pm – Dinner (not provided)
7pm – Small Groups

Sunday, August 28

8am – Continental Breakfast
9am – 11am – Small Groups
11am – 12pm – Send off

REGISTRATION INFORMATION

Retreat 12: \$625

*****Early Bird Discount*****

Register by August 19th and receive a 20% discount.

*Hotel and travel expenses are not included in the fee.
Meals are provided when noted.*

EVENT INFORMATION

The Meadows Outpatient Center
19120 N. Pima Road Suite 125
Scottsdale, AZ 85255

ABOUT DR. PATRICK CARNES

Patrick Carnes, Ph.D., is the primary architect of the Gentle Path treatment programs for the treatment of sexual and multiple addictive disorders. He is author of *Out of the Shadows: Understanding Sexual Addiction* (1983), the first work designed to help addicts deal with their sexual compulsions, and to examine the tangled web of trauma, love, addictive sex, hate, and fear often found in family relationships. He pioneered the founding of the International Institute for Trauma and Addiction Professionals which specializes in the Certified Sex Addiction Therapist program. This has evolved into a network of local, regional, and residential programs which specialize in this work. An internationally recognized speaker and author on sexual addiction, sexual trauma, multiple addictions and recovery issues.

ABOUT CARVER BROWN

Carver Brown is the Alumni Coordinator for Pine Grove Behavioral Health. He also facilitates the Back to Basics program that has become a tremendously successful 12 step experiential workshop. Carver Brown's passion for the recovery community can be clearly seen through his enthusiastic and humorous style of presenting recovery principles.

GOALS OF THE WEEKEND RETREAT

Dr. Carnes has expressed three main goals for this retreat:

1. To preserve and expand our understanding of The Twelve Steps and learn the Principles behind the steps as they are played out through the five dimensions of daily living which include; lifestyle, work, money, sex, and intimacy.
2. Helping individuals enhance their recovery program in ways that supports new life skills, and gain tools to help achieve their personal goals of living a life that models sanity, serenity, focus, balance and harmony.
3. To provide means and support to the American Foundation for Addiction Research (AFAR). To find out more about AFAR please visit www.addictionresearch.com.

You may register online at <http://www.thetwelveprinciples.com/events> or complete this form and mail, fax, or email to the addresses listed below.



P.O. BOX 5742 CAREFREE, AZ 85377 | o. 480-488-9413 | f. 480-488-9373 |
ADDICTIONRESEARCH.COM | kburglin@newfreedomcorp.com

REGISTRATION FEE & DONATION

Registration Date: _____

Registration (choose one):

\$625 (Retreat 12)

+ Additional donation to AFAR: \$ _____

Total: \$ _____

REGISTRANT INFORMATION

Name: _____

Address: _____

City, State: _____ Zip: _____

Phone: _____ Preferred Contact Method

Email: _____ Preferred Contact Method

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PAYMENT OPTIONS

Check Enclosed (Payable to AFAR)

Charge my credit card (complete below) Visa MasterCard American Express

Card Number: _____

Exp. Date: _____ Sec. Code: _____

Name on Card: _____

Signature: _____

Billing Address: Same as Above

Address: _____

City, State: _____ Zip: _____

