

Join us for the Twelve Principles Retreat Series. Dr. Carnes has generously donated the proceeds of both Gentle Path books along with his time spent in teaching the Twelve Principles weekend retreats to the [American Foundation for Addiction Research](#).

AGENDA

Friday, March 6

4pm – 5pm – Registration & Dinner
5pm – 7pm – Reception & Opening Remarks
7pm – 9pm – Group Check-Ins

Saturday, March 7

8am – Coffee & Breakfast
9am – 12pm – Principle Six by Dr. Patrick Carnes
12pm – 1pm – Lunch (not provided)
1pm – 3pm – Carver Brown/Dr. Claudia Black
3pm – 5pm – Group meetings
5pm – 7pm – Dinner (not provided)
7pm – Small Group Sessions

Sunday, March 8

9am – 11am – Small Group Wrap-Up
11am – 12pm – Send off

REGISTRATION INFORMATION

Participants in the past have been required to register in increments of one year (4 retreats). For a limited time register for just Retreat 6:

Retreat 6: \$625
4 Retreats: \$2,500
8 Retreats: \$5,000
All 12 Retreats: \$7,500

*****Early Bird Discount*****

Register by February 13th and receive a 20% discount on the prices above!

*Hotel and travel expenses are not included in the fee.
Meals are provided when noted.*

EVENT INFORMATION

Hotel Valley Ho 6850 E. Main Street Scottsdale, AZ 85251
844.993.9601 Group Room Rates available until Feb. 13th

ABOUT DR. PATRICK CARNES

Patrick Carnes, Ph.D., is the primary architect of the Gentle Path treatment programs for the treatment of sexual and multiple addictive disorders. He is author of *Out of the Shadows: Understanding Sexual Addiction* (1983), the first work designed to help addicts deal with their sexual compulsions, and to examine the tangled web of trauma, love, addictive sex, hate, and fear often found in family relationships. He pioneered the founding of the International Institute for Trauma and Addiction Professionals which specializes in the Certified Sex Addiction Therapist program. This has evolved into a network of local, regional, and residential programs which specialize in this work. An internationally recognized speaker and author on sexual addiction, sexual trauma, multiple addictions and recovery issues.

ABOUT CARVER BROWN

Carver Brown is the Alumni Coordinator for Pine Grove Behavioral Health. He also facilitates the Back to Basics program that has become a tremendously successful 12 step experiential workshop. Carver Brown's passion for the recovery community can be clearly seen through his enthusiastic and humorous style of presenting recovery principles.

GOALS OF THE WEEKEND RETREAT

Dr. Carnes has expressed three main goals for this retreat:

1. To preserve and expand our understanding of The Twelve Steps and learn the Principles behind the steps as they are played out through the five dimensions of daily living which include; lifestyle, work, money, sex, and intimacy.
2. Helping individuals enhance their recovery program in ways that supports new life skills, and gain tools to help achieve their personal goals of living a life that models sanity, serenity, focus, balance and harmony.
3. To provide means and support to the American Foundation for Addiction Research (AFAR). To find out more about AFAR please visit www.addictionresearch.com.

